

# The sincere dentist: science

I'm not entirely sure that I talked about it these days; maybe in some post, or if I was just dreaming again (I usually mix things I've done with things I've dreamed about and I never know if it is real or a dream). The excess of information, excessively available and free, trivializes the information itself. What does that mean?

Never the technical and scientific information was so easy to get, via an Instagram post, a video on a Facebook page, an stupid discussion on some Facebook group or WhatsApp. I did not want to be aggressive, I apologize. But the time lost in this kind of discussions could be better used studying scientifically, understanding what is science and what is methodology. But almost nobody wants to study for real. Do a master's and PhD, understanding what the conclusion of a scientific article is about before quoting the result, basing your idea without even understanding what the test is about; this is what we see most in congresses. Giving lectures based on scientific evidence encompasses you understanding the article being quoted, and at least reading materials and methods, results and discussion, before putting a stolen conclusion from a Pubmed abstract.

Well, my point is, if we really want to study, we still need serious books and journals. Obviously putting tips and small videos on the media is cool, but is not knowledge; is only information. It is casual and without great formality, only as an "update" of something, or an eye-opener for something that is being done, but it is not knowledge.

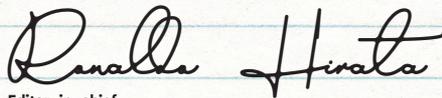
Another very curious thing; the more the information is trivialized, the more information is trivial. This tells us that people are not giving proper value to information and knowledge, since they all waste it as clean water

thrown down the drain. My reaction to all this has been to give information to those who deserve knowledge, as I have always talked to prof. Kina. But everyone deserves the knowledge, someone can say to me. But a lot of them do not yet understand the value of this, and therefore, I think they need to evolve a little before receiving it.

We are too lazy with all the information provided. We post an advertisement for a course, with dates and email for contact, and, below the post, people start to comment: where is the course, how do I do? All the information had already been posted... We're getting lazy even to think. And we believe we are evolving because today we have more "information".

I had a karate sensei, he was great by the way. He used to give an explanation, and at the end someone raised a hand to ask a question. He would respond: I just demonstrated, of you I only want to listen to "oss sensei" (something like, yes sensei). The person looked like a fool, kind of angry, kind of ignored. The effect was, in the next explanation, everyone was 100% aware because we knew he would not repeat. Do you know what this is? To value information.

*Oss and a big hug.*



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